

**2023-2024
Request for Lactose- Free Milk**

NRHEG Public Schools will provide lactose-free milk for children with a written request at no charge with a full meal. Parents can request lactose-free milk for their student by completing and submitting this form.

Please note that this request must be kept current and submitted each year.

Submit requests to:
Food Service Director, Sara Meihak
306 Ash Ave S
New Richland, MN 56072
smeihak@nrheg.k12.mn.us



Participant's Name: Last / First / Middle Initial		Today's Date:
Teacher Name:		Date of Birth:
Grade:		
Parent/Guardian Name:	Cell Phone Number:	
Parent /Guardian Address: City: State: Zip Code:		
Parent/Guardian Signature:		

Date: _____		

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

De acuerdo con la ley federal y las políticas del Departamento de Agricultura de los EE.UU. (USDA, sigla en inglés), se le prohíbe a esta institución que discrimine por razón de raza, color, origen, sexo, edad, o discapacidad. Para presentar una queja sobre discriminación, escriba a USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410, o llame gratis al (866) 632-9992 (voz). Personas con discapacidad auditiva o del habla pueden contactar con USDA por medio del Servicio Federal de Relevos (Federal Relay Service) al (800) 845-6136 (español) o (800) 877-8339 (inglés). USDA es un proveedor y empleador que ofrece oportunidad igual para todos.